



FEMMENESSENCEPRO™ PERI

Reduces Peri Menopausal Symptoms*

DESCRIPTION: FemmenessencePRO™ PERI contains MacaLife® a certified organic maca (*Lepidium peruvianum*) with a proprietary combination of phenotypes specifically for peri menopausal symptoms and Maca-GO® for women's hormonal balance. Both MacaLife® and Maca-GO® are concentrated through a proprietary manufacturing process, which concentrates the full spectrum of active constituents in maca over ten times higher than what is found in normal raw maca, and maximizes the bioavailability increasing water solubility from 68% in raw maca to 99% in FemmenessencePRO™ PERI. Maca-GO® is clinically proven with five years of research, double-blind placebo crossover clinical trials and full pharmacology and toxicology.

FUNCTIONS: FemmenessencePRO™ PERI is an adaptogenic product that supports normal hormonal balance for peri menopausal women.* FemmenessencePRO™ PERI does not introduce any hormones into the body, rather it works to support regulation of the entire hormone profile through the Hypothalamus Pituitary Adrenal Axis.*

Women's General Health

- ✓ Naturally supports normal hormone balance*
- ✓ Supports regular menstrual cycles*
- ✓ Supports adrenal hormones and energy levels*

Peri Menopausal Symptoms*

- ✓ Reduces hot flashes and night sweats*
- ✓ Reduces vaginal dryness*
- ✓ Supports libido and sexual health*
- ✓ Supports mood & improved outlook on life*
- ✓ 72-84% of women experienced reduction of symptoms in 2 days to 8 weeks

Heart, Bone & Mental Health*

- ✓ Supports healthy body weight*
- ✓ Supports healthy cholesterol & triglyceride levels within normal ranges*

DOSAGE and RECOMMENDATIONS: 1-2 capsules twice daily away from food. Ideally, first dose in the morning before breakfast and second dose 30 minutes before patient routinely experiences an energy or adrenal low in early afternoon. For best results take daily for first four months and then one week break every 8-12 weeks. It is important to note that, though not often common, FemmenessencePRO™ PERI can overstimulate requiring dosage to be reduced.



PRODUCT INFO:

Product Size: 180 (500mg) Vegetarian Capsules
Product Code: FEMPROPERI-02
Professional Price: \$25.00
List Price: \$49.99

Supplement Facts

Serving Size: 2 Capsules
 Servings Per Container: 90

Amount Per Serving	% Daily Value	
Calories	5	<1%**
Total Carbohydrate	1g	<1%**
Potassium	15mg	<1%**
Organic Maca-GO® (Organic Maca Root)	1000mg	***

** Percent Daily Values are based on a 2,000 Calorie Diet.
 *** Daily Value not established.

OTHER INGREDIENTS: Plant derived cellulose (capsule).

SIDE EFFECTS: There are currently no known side effects.

INTERACTIONS: There are currently no known adverse reactions when taken in conjunction with other medications. However, we advise FemmenessencePRO™ PERI should not be taken in conjunction with hormone suppressing medications such as Tamoxifen.

SPECIFICATION: Maca-GO® (*Lepidium peruvianum*)

Identification:	Specifications	Results	Test Method
Glucosinolates as sinigrin	not less than 0.3 %	Complies	TLC
Vitamins:			
Vitamin C	> 20 mg/100g	Conforms	HPLC
Niacin	> 10 mg/100g	Conforms	HPLC
Vitamin B	> 3 mg/100g	Conforms	HPLC
Riboflavin	> 0.8 mg/100g	Conforms	HPLC
Carotene	> 0.25mg/100g	Conforms	HPLC
Macroelements:			
Potassium	> 1500 mg/100g	Conforms	Spectroscopy
Calcium	> 350 mg/100g	Conforms	Spectroscopy
Phosphorus	> 300 mg/100g	Conforms	Spectroscopy
Sulphur	> 250 mg/100g	Conforms	Spectroscopy
Microelements			
Magnesium	> 90 mg/100g	Conforms	Spectroscopy
Sodium	> 10 mg/100g	Conforms	Spectroscopy
Iron	> 10 mg/100g	Conforms	Spectroscopy
Silica	< 10 mg/100g	Conforms	Spectroscopy
Aluminium	< 9 mg/100g	Conforms	Spectroscopy
Zinc	> 2 mg/100g	Conforms	Spectroscopy
Manganese	> 2 mg/100g	Conforms	Spectroscopy
Titanium	< 2 mg/100g	Conforms	Spectroscopy
Rubidium	< 1.5mg/100g	Conforms	Spectroscopy
Heavy Metals:			
Arsenic	< 0.50 mg/kg	Conforms	Spectroscopy
Tin	< 2.00 mg/kg	Conforms	Spectroscopy
Cadmium	< 0.10 mg/kg	Conforms	Spectroscopy
Lead	< 0.50 mg/kg	Conforms	Spectroscopy
Mercury	< 0.02 mg/kg	Conforms	Spectroscopy

MANUFACTURING: FemmenessencePRO™ PERI is manufactured under strict Good Manufacturing Processes (GMP) with full Kosher and USDA, EU (European Union) and JA (Japanese) Organic Certification.



EXCIPIENT FREE: This product CONTAINS NO chemicals, solvents, excipients, preservatives, artificial colors or flavors, sucrose, yeast, dairy products, wheat or corn starch or gluten.



STORAGE: Store below 77°F. Don't freeze. Keep out of reach of children.

PACKAGING: All products are packaged in oxygen barrier blister packs to maintain optimal quality and recycled boxes using vegetable based inks.

**REFERENCES:**

- Meissner H.O., Reich-Bilinska H., Mrozkiewicz P., et al. Hormone-balancing and Pharmacological Effects of Therapeutic Doses of *Lepidium peruvianum* (Maca-GO) in Postmenopausal Women. *Menopause*. 2005; 12 (6): 813.
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- Meissner H.O., Mrozkiewicz P., Bobkiewicz-Kozłowska T., et al. Hormone-balancing Effect of Pre-Gelatinized Organic Maca (*Lepidium peruvianum* Chacon): (Part I.) Biochemical and Pharmacodynamic Study on Maca using Clinical Laboratory Model on Ovariectomized Rats. *International Journal of Biomedical Science* 2006; Vol. 2, No. 3. 100.
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- Meissner H.O., Reich-Bilinska H., Mscisz A., Kedzia B. Therapeutic effect of *Lepidium peruvianum* Chacon (Pre-Gelatinised Maca) used as a non-hormonal alternative to HRT in Peri-menopausal women - Clinical Pilot Study. *International Journal of Biomedical Science* 2006; Vol. 2, No. 2. 143.