Lipid Replacement Therapy

Validated To Restore Mitochondrial Function, Restore Membrane Potential.

Validated to Reduce & Eliminate Clinically proven Fatigue Including Severe Fatigue

Many diseases are related to impaired mitochondrial function, which in turn is related to fatigue and loss of cellular energy The potential to slow down these processes could improve a persons quality of life

The Phospholipids that make up the fabric of the membranes will physically change and/or become oxidized with age and oxidative stress. This will decrease the fluid and electrical activity of the membranes. **Reactive Oxygen Species** will begin changing mtDNA The oxidation and morphing of the membrane accelerates the volume and quantity of Reactive Oxidative Species – free radicals that occur as a byproduct of energy metabolism. They are also called Reactive Oxygen Metabolites.



Human Cell Membrane Schematic



Phosphoglycolipids

The cells are able to acquire phospholipids for there own repair through two methods:

Through adequate mitochondrial function, the cell produces phospholipids itself

Cells acquire phospholipids from neighboring cells

This is the proverbial 'Catch 22'

- If membrane potential and thereby energy output of the cell is reduced then it cannot manufacture PL for auto-repair.
- Traditionally phospholipids are broken apart in digestion. This process is one of the most efficient because of the bioactive potential of dual charged and amphiphilic molecules present in all food sources, i.e. phospholipids.

 LIPID REPLACEMENT IS THE UNPRECEDENTED PROVISION OF UNOXIDIZED MEMBRANE MATCHING PHOSPHOGLYCOLIPIDS THAT ARE TAKEN UP UNOXIDIZED.



Damaged lipid layer

By adding phospholipids it is possible to repair and rebuild the damaged lipid layers

Lipid layer repaired



The Electron Transport Chain occurs in the mitochondrion inner membrane. This can be commonly referred to as the Oxidative **Phosphorylation** or **Cellular Respiration / Respiratory Chain.**



def: The process in cell metabolism by which respiratory enzymes in the mitochondria synthesize ATP from ADP and inorganic phosphate during the oxidation of NADH by molecular oxygen.

The importance of the inner membrane is that it contains the proteins & enzymes necessary for Aerobic metabolism, the source of up to 90% of energy (e.g. cardiocyte) in a healthy cell. The fabric, i.e. the phospholipids, of the membrane is the housing or infrastructure in/on which this process occurs



As phospholipids saturate the cell membrane they naturally partition into the mitochondria and as the outer membrane becomes saturated this extends into the inner membrane. This is Dynamic Equilibrium of lipids in bio membranes.



As the inner membrane becomes more stabilized, more structurally sound and less leaky, better energy production occurs



Addition of mitochondrial phospholipids to replace damaged lipids can reduce the rate of mitochondrial DNA (mtDNA) deletions. The mitochondria have a DNA structure that is distinct and separated from the nuclear DNA of the cell



Studies have shown that damage to the mtDNA is directly related to aging and disease of the cell.

Lipid Replacement Therapy has proven in animal studies to inhibit mtDNA deletions by half when introduced at the equivalent of middle age.



The Institute for Molecular Medicine

Lipid Replacement Therapy: Nutritional Supplement Restores Mitochondrial Function and Reduces Severe and Moderately Severe Fatigue

Ellithrope et al. JANA 2003; 6(1): 23-28.
Agadjanyan et al. J. Chronic Fatigue Syndr. 2003; 11(3): 23-36.
Nicolson & Ellithorpe J. Chronic Fatigue Syndr. 2005; 13(2): in press.

The Institute for Molecular Medicine

What is Lipid Replacement Therapy?

It is the natural replacement of oxidized or damaged lipids using lipid supplements that are protected from oxidation/damage

Nicolson, G.L. J Amer Nutraceut Assoc 2003; 6(3):22-28.

How NT Factor[®] Energy Restores Membranes

PHOSPHOGLYCOLIPIDS

The phosphoglycolipids are extracted from soy

The phosphoglycolipids are properly categorized as polyunsaturated nutrients

Through technological advancement, NTI has been able to tablet stable UNOXIDIZED phosphoglycolipids





Tablet immediately starts to dissolve

The phospholipids are released

And Are Immediately Available for Absorption into Gastro Intestinal Mucosa

Since all nutrients work in combination with other nutrients, this dispersal indicates a better potential to be utilized



This cloud indicates a good homogenization of the nutrients

Since the entire gastointestinal lining is made up of cells phosphoglycolipids can be taken up immediately



How NT Factor[®] Energy Restores Membranes

By providing a regular , or periodic, provision of the phospholipids we saturate the cells lining the gastrointestinal tract.

How NT Factor[®] Energy Restores Membranes

In time these cells take on a characteristic similar to a sponge at the bottom of the sink which water is dropping into

Restores Membranes

The sponge becomes so swollen with water that each time a new drop hits it disperses smaller droplets

Phospholipids are universal to all the cells in the body

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Phospholipids are universal to all the cells in the body

75%

Proteins

Cells of the Central Nervous System

25%

Phospholipids





The Brain is almost solidly phospholipids

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When the GI cells become sufficiently saturated the phospholipids begin to disperse throughout the body.

Phospholipids will partition to areas of lower concentration.

Phospholipids will partition to areas of lower concentration.

As Phospholipids partition from one cell to the other the amphiphilic nature, dual electrical charge and dynamic equilibrium properties force the lipids to adapt into a soldier like formation, the familiar bi-layer.

Validated & Proposed Clinical Uses of Lipid Replacement Therapy:

Fatigue-The most common medical complaint

Anti-Aging-Restores mitochondrial function and inhibits nuclear/mitochondrial mutations

Cytotoxic Therapy-Reduces drug/radiation damage to normal tissues and membranes

Diabetes-Reduces ROS in mitochondria – the cause of Insulin Resistance.

Tissue Repair-Increases post-surgical healing

Validated & Proposed Clinical Uses of Lipid Replacement Therapy:

CardioVascular Disease – Restore aerobic metabolisms and alleviates 'Energy Starvation'.

Neurodegenerative Disease-Reduces cell death /mitochondrial apoptosis, membrane damage

Chronic Infections-Reverses ROS damage to mitochondrial, nuclear and other membranes

Radiotherapy – Radiation therapy is dependent on aerobic metabloisms which LRT restores.

Lipid Metabolic Diseases-Lipid supplementation

NTRIENT COMPOUND COMPOSITION





Growth media for friendly bacteria

Phosphoglycolipids

A complex of polyunsaturated lipids extracted from soy

Phosphoglycolipids

This group includes polyunsaturated phosphatidycholine which are the principle lipids and structure of cell and mitochondrial membrane

Preclinical Results with NT Factor®

- NT Factor increased mitochondrial function in rat brains
- NT Factor decreased mtDNA deletions in some rat brain tissues (auditory nerve, stria vascularis)
- NT Factor significantly improved preservation of age-related auditory brainstem responses (ABR) in rats

Ref: Seidman, MD, et al. Otolaryngol Head & Neck Surgery 2002; 127:138-144

Animal Studies Conducted at Henry Ford Hospitals, Bloomfield MI

Seidman M., Polyunsaturated Phosphatidylcholine in NT Factor Improves Mitochondrial Function, Auditory Sensitivity and May Slow Some Aspects of the Aging Process Anti-Aging Medical News 2001; Winter: 5,16,32,44

Seidman M., Khan M.J., Tang W.X., Quirk W.S., **Influence of lecithin* on mitochondrial DNA and age-related hearing loss**. Otolaryngol Head Neck Surg. 2002; 127:138-144 * [**NT Factor** ®]

Preclinical Results with NT Factor®

Effects of Mitochrondrial Function in Rats



Effects of NT Factor on mtDNA Deletions in Rat Brains



Preclinical Results with NT Factor®

Effects of NT Factor on Auditory Threshold (dB) In Rats: Preservation of Hearing Loss



Adapted from Award-winning presentation by Seidman, Tang & Khan

Conclusions From Pre-Clinical Publications

- *Polyunsaturated Phosphatidyl nutrients in NT Factor* preserves mitochondrial membrane potential and hence mitochondrial function
- *Polyunsaturated Phosphatidyl nutrients* in NT Factor appears to play a vital role in delaying the progression of age-related hearing loss

Clinical Trials

•<u>UCLA</u> – Multi Center Double Blinded, Placebo Controlled, Randomized Crossover to reduce the adverse , effects of cancer therapy, such as chemotherapy-induced fatigue, nausea, vomiting, malaise, diarrhea, headaches and other side effects.

•<u>Tustin Longevity Center, Institute of Molecular Medicine</u>severe fatigue was reduced approximately 40.5% (P<0.0001), to low moderate fatigue after eight weeks of supplementation with Lipid Replacement Therapy.

•Institute of Molecular Medicine, UC Irvine – Restored membrane potential and mitochondrial function in an aged population to levels normal for half a lifetime earlier. Reduced fatigue, protected cellular and mitochondrial membranes from damage by ROS.

•UCLA – Multi Center Double Blinded, Placebo Controlled, Randomized Crossover to reduce the adverse effects of cancer therapy.

• Effects of Propax with NT Factor® on the adverse effects of chemotherapy in a cross-over trial^{**}

Average % patients on test supplement

First Arm Second Arm No Change worsening Improvement Placebo Propax w/NTFactor® 57 22 21 Placebo 70 24 Propax 6 w/NTFactor®

[†] Data from; *Lipid replacement/antioxidant therapy as an adjunct supplement to reduce the adverse effects of cancer therapy and restore mitochondrial function*. Pathol Oncol Res. 2005;11(3):139-44. Epub 2005 Sep 29.

* The same regimen of 5-FU/methotrexate/leukovoran was used for colon, pancreatic or rectal cancers

S The percent of patients reporting self adverse effects was averaged with the percent of patients with adverse effects reported by a research nurse.

Piper Fatigue Survey Scale

Study measurements

*Fatigue Scoring*Behavioral/severity
Affective meaning
Cognitive/mood
Sensory

* Piper BF, et. al. Oncol. Nurs. Forum. 1998.

Piper Fatigue Survey Scale

Study Results: Clinical Trial-1

Fatigue Scoring

% Improvement

- Behavioral/Severity
- Affective Meaning
- Cognitive/Mood
- Sensory

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Tustin Longevity Center, Institute of Molecular Medicine-Severe Fatigue Reduced Approximately 40.5% (P<0.0001after Eight Weeks Of Supplementation With Lipid Replacement Therapy.



Institute of Molecular Medicine, UC Irvine – Restored membrane potential and mitochondrial function in an aged population to levels normal for half a lifetime earlier with corresponding reduction in fatigue.

Effects of NT Factor on Fatigue Reduction Using Piper Fatigue Scale



Mitochondrial Function Assay

- Rhodamine 123 uptake into mitochondria and its subsequent fluorescence is a measure of mitochondrial function and membrane potential
- Mitochondria are isolated from the blood leukocytes of aged subjects and Rhodamine 123 is added; function is assessed by uptake and reduction of dye
- Changes in mean fluorescence intensity are recorded in replicate samples

Mitochrondrial Function in Subjects Treated with NT Factor Determined by Uptake of 2uM Rh123



Mitochondrial Function Results

- NT Factor resulted in an average of ~40% increase in mitochondrial function using the Rhodamine 123 assay within a 60 day period.
- This was approximately the loss in mitochondrion output over the previous 40 years. Test population was 70 years of age average.
- Most subjects responded within 30 days to the NT Factor supplementation
- A washout period of 90 days resulted in a decline back to pre-NT Factor levels

Conclusions - NT Factor® Energy Can Restore Mitochondrial Function And Improve Fatigue Scores In Aging Human Subjects

- Reductions In Fatigue Paralleled Significant Gains In Mitochondrial Function.
- After Only Eight Weeks Of NT Factor, Mitochondrial Function Was Significantly Improved (P<0.001).
- After Twelve Weeks Of NT Factor Use, Mitochondrial Function In Elderly (aver age 70) was Found To Be Similar To That Of Young, Healthy Adults (aver age 29)
- Continued Use Of NT Factor Is Probably Required To Maintain Lower Fatigue Scores And Improvements In Mitochondrial Function.